



Lachlan Shelton fires at Rifle Range

Lachlan Shelton has held off a fast finishing Jacob Nolan in the latest Bendigo Athletic Club Cross Country race, the Schultz/Stewart 6500 metres, held at the Wellsford Rifle Range.

Only 3 seconds separated the two first year runners, with Shelton winning in a time of 25.51 minutes, from Nolan with Rod Skidmore in third place.

Shelton showed remarkable improvement after finishing in 35th place in the previous club run.

Fastest time went to Brendan O'Brien in 23.43 minutes, just one second faster than Jacob Nolan's time of 23.44.

In a great battle for female fastest time Jessica O'Hara came up trumps with a time of 28.37, with Kirrily Burnett running 28.39 & Kerrieanne Hocking 28.44.

Rod Skidmore collected maximum points in the RetireInvest Veteran award, finishing ahead of David Kane & Kevin Shanahan.

Jessica O'Hara collected the top points in the Gillies Pie Shop Womens award, ahead of Lyn Crome & Kathryn Heagney.

Eight athletes were eligible for points in the Liz & Mark Findlay sponsored Under 23 award, with Lachlan Shelton, Jacob Nolan & Jessica O'Hara claiming 1st, 2nd & 3rd placings.

Dane Heiden finished first and claimed fastest time in the 1000 metre Children's Race, clocking a great time of 3.32 minutes.

Alice Bailey finished second, with Demi Goodall Hoffman in third place & fastest girl in 3.42 minutes.

Next Sunday's race is the Purtil's Nursery 8000 metres at the Bendigo Livestock Exchange in Huntly.

The Children's 1km race will commence at 10am, with the senior race kicking off at 10.30am.

The 37th running of the Murchison 10km will be run on 11th July, entries close this Sunday.

For more information about the Bendigo Athletic Club, please contact Club Secretary- Mark Findlay 54440040 or 0417 556738, otherwise check out the CLUB WEBSITE at;



www.bendigoathleticclub.org.au

Results;

Race 7 Schultz / Stewart 6500 metre Handicap

Lachlan Shelton 25.51, Jacob Nolan 23.44, Rod Skidmore 29.36, David Kane 29.52, Kevin Shanahan 25.26, Grant Findlay 27.43, John Rose 25.44, Jeremy Boulton 25.56, Austin Beamish 26.40, Jessica O'Hara 28.37 (Fastest Female), Lyn Crome 30.14, David Ottrey 25.55, Wolf Heiden 26.47, Mark Stevens 29.40, Kathryn Heagney 31.42, Kerrieanne Hocking 28.44, Rhonda Schultz 35.15, Craig O'Hara 31.41, Brendan O'Brien 23.43 (Fastest Time), Chook Stewart 25.40, Anthony Hutchison 24.22, Rick Ermel 24.10, Terry Crome 26.41, Tony Sait 28.06, John Bailey 27.30, Kirrily Burnett 28.39, Ryan Shelton 29.11, Richard Schultz 31.42, Peter LeBusque 27.36, Josh Sait 24.42, Rob McDonald 26.19, Josh Nolan 24.12, Paul Bennett 26.39, Joel LeBusque 28.47, Geoff Graham 32.54, Andrew Sait 34.19

Children's 1km

Dane Heiden 3.32 (Fastest Time), Alice Bailey 4.50, Demi Goodall-Hoffman 3.42 (Fastest Girl), Jaymin Boulton 4.29, Amila Carlile 4.36, Bryden Ermel 4.21, Connor Findlay 5.03, Bree Heiden 4.44, Jed Bibby 5.44, Xavier Hutchison 5.16