



KNOTT CREW CLAIMS CASH IN CRUSOE RELAY DASH

The team of Kyle Hilson, Jessica O'Hara & Adam Parker has claimed victory in the Bendigo Athletic Club's Barry Stevenson Relays at No.7 Reservoir at Crusoe Park in Kangaroo Flat.

The event sponsored by the Bridge Hotel, run as a handicapped relay over a total distance of 12.6 km or 9 laps of the No.7 reservoir, with each team member running 3 x 1400m.

Second over the line, exactly 1 minute behind the winners, were the team of Mark Findlay, Stewart Laing & Luke Kneebone, whilst the team of Demi Goodall-Hoffman, Shai O'Brien & Brendan O'Brien was the third placed finishers.

Adam Parker, of the winning team, ran the fastest individual time on the course of 4.16 minutes, just ahead of Ross Evans 4.19 & Brendan O'Brien 4.36 minutes. The winning team, all coached by John Knott, also ran the fastest overall time of 44.50 minutes.

Fastest Females on the course were Shai O'Brien 4.52, Jessica O'Hara at 4.59 & Lyn Crome 5.59.

This Sunday's run will be the 'Phil Noden' 6500 metre handicap at Miller's Flat Road, Whipstick starting at 10.30am.

To get to the venue, from the end of Simpson Road, Eaglehawk, head out the Neilborough Road, from the end of the bitumen, travel a further 3km before veering right into Miller's Flat Road, where the race starts at the Keith Noden residence, approx. 1km along on the right!

A children's 1000 metre event will start at 10am sharp.

For more information about the Bendigo Athletic Club, please contact Club Secretary- Brendan O'Brien 54474764, otherwise check out the CLUB

WEBSITE at; www.bendigoathleticclub.org.au

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BAC 'Bridge Hotel' Barry Stevenson Memorial Relays
June 2nd, 2013

TEAM 3 - 6:05

Kyle Hilson	05:20.0	05:33.0	05:37.0	1st
Jessica O'Hara	05:11.0	05:08.0	04:59.0	
Adam Parker	04:20.0	04:16.0	04:26.0	50:55.0

TEAM 2 - 6:45

Mark Findlay	05:17.0	05:23.0	05:23.0	2nd
Stewart Laing	05:02.0	05:02.0	05:04.0	
Luke Kneebone	04:36.0	04:41.0	04:42.0	51:55.0

TEAM 1 - 7:10

Demi Goodall-Hoffman	05:32.0	05:37.0	05:40.0	3rd
Shai O'Brien	04:53.0	04:52.0	04:57.0	
Brendan O'Brien	04:38.0	04:36.0	04:49.0	52:44.0

TEAM 6 - 2:00

Melinda Gilligan	06:28.0	06:35.0	06:24.0	4th
Mark Perdon	05:10.0	05:06.0	05:09.0	
Grant Findlay	05:30.0	05:15.0	05:26.0	53:03.0

TEAM 7- GO

Rhonda Schultz	07:02.0	07:13.0	07:16.0	5th
Richard Schultz	06:20.0	06:31.0	06:29.0	
Ross Evans	04:34.0	04:19.0	04:56.0	54:40.0

TEAM 4 - 4:55

Lyn Crome	05:59.0	06:01.0	06:01.0	6th
John Rose	05:33.0	05:36.0	05:37.0	
Terry Crome	05:01.0	05:06.0	05:07.0	54:56.0

TEAM 5 - 4:45

Ryan Shelton	05:53.0	06:07.0	06:15.0	7th
Chook Stewart	05:20.0	05:17.0	05:19.0	
Peter Le Busque	05:35.0	05:30.0	05:33.0	55:34.0